

# 2012 PARENT EDUCATION CLASSES

## Prepared Childbirth Class (Lamaze)

*Early registration is recommended for class preference, especially for Saturday classes - \$50/couple*

Class #	Beginning and Ending Dates	Time
901	Saturday, January 7	9:00 am - 5:00 pm
902	Wednesdays, February 1 - 22	6:30 - 8:30 pm
903	Saturday, March 10	9:00 am - 5:00 pm
904	Wednesdays, April 4 - 25	6:30 - 8:30 pm
905	Saturday, May 12	9:00 am - 5:00 pm
906	Wednesdays, June 6 - 27	6:30 - 8:30 pm
907	Saturday, July 14	9:00 am - 5:00 pm
908	Wednesdays, August 1 - 22	6:30 - 8:30 pm
909	Saturday, September 8	9:00 am - 5:00 pm
910	Wednesdays, October 3 - 24	6:30 - 8:30 pm
911	Saturday, November 3	9:00 am - 5:00 pm
912	Saturday, December 1	9:00 am - 5:00 pm

It is recommended that Prepared Childbirth class be taken four to six weeks prior to due date.

A tour of the Halifax Health - Center for Women & Infant Health will be given during the class.

The classes are held in Meeting Room E, located on the 1st Floor of Halifax Health Medical Center, France Tower. From the main entrance take the E elevators (located to the right) to Level 1. Meeting Room E is to the left past Volcano's Café and the Gift Shop.

The area's only ASPO Certified Childbirth Educators, Jan Wagner, RN, LCCE and Lynn Mathis, RN, LCCE, will lead the classes.

## Breastfeeding Class

*Early registration is recommended for class preference - \$25/couple*

Date	Time
Monday, January 16	6:00 - 10:00 pm
Monday, March 12	6:00 - 10:00 pm
Monday, May 14	6:00 - 10:00 pm
Monday, July 23	6:00 - 10:00 pm
Monday, September 17	6:00 - 10:00 pm
Monday, November 12	6:00 - 10:00 pm

Breastfeeding classes are held in the Halifax Health Medical Center Auditorium, located on the Ground Level of the Fountain Building. From the main entrance take the D elevators to the Ground Level.

International Board Certified Lactation Consultant Ellen Barton, RNC will lead the class.

You will receive a postcard confirming the date, time and location of class after your registration has been received.  
PLEASE ATTEND CLASSES WITH A SUPPORT PERSON.

**For more information visit [halifaxhealth.org/ob](http://halifaxhealth.org/ob) or call 386.254.4008.**

**EPIDURAL INFORMATION: Daytona Beach Anesthesiology, 386.255.1266**

HALIFAX HEALTH



[halifaxhealth.org/ob](http://halifaxhealth.org/ob)



**HALIFAX HEALTH**  
 CENTER FOR WOMEN  
 & INFANT HEALTH

halifaxhealth.org/ob

# 2012 PARENT EDUCATION CLASSES

## FEES

**Prepared Childbirth Class** ..... \$50

Classes are available as a single 8-hour class held on Saturday or as 2-hour classes held on four consecutive Wednesday evenings.

**Breastfeeding Class** ..... \$25

A single 4-hour class held on Monday evening.

**PLEASE ATTEND CLASSES WITH  
 A SUPPORT PERSON.**

## HOW TO REGISTER

Early registration is recommended for class preference. Payment should be brought to first class.

Register **online** at halifaxhealth.org/ob

**OR**

**Mail** completed registration form to:  
**Halifax Health Medical Center**  
 Attn: Center for Women & Infant Health  
 303 N. Clyde Morris Blvd.  
 Daytona Beach, FL 32114

**OR**

**Fax** completed registration form to: 386.252.0129

For more information visit halifaxhealth.org/ob or call 386.254.4008.

*If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act, please call at least two business days prior to the program.*

----- DETACH AND MAIL -----

## REGISTRATION FORM

Mother's Name: \_\_\_\_\_ , \_\_\_\_\_  
LAST FIRST

Phone Numbers: \_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_  
HOME CELL WORK

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Due Date: \_\_\_\_\_ Physician's Name: \_\_\_\_\_

Father or Support Person's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

### Class(es) and Preferred Dates:

(please check the date of the class(es) you wish to attend)

#### Prepared Childbirth Class

**Single Class - Saturdays, 9:00 am - 5:00 pm**

- January 7     March 10     May 12  
 July 14     September 8     November 3  
 December 1

**Four Classes - Wednesdays, 6:30 - 8:30 pm**

- February 1 - 22     April 4 - 25     June 6 - 27  
 August 1 - 22     October 3 - 24

#### Breastfeeding Class

**Single Class - Mondays, 6:00 - 10:00 pm**

- January 16     March 12     May 14  
 July 23     September 17     November 12

**DO NOT INCLUDE PAYMENT AT THIS TIME.  
 REGISTRATION FEES WILL BE  
 ACCEPTED AT CLASS.**