

2010 PARENT EDUCATION CLASSES

Prepared Childbirth Class (Lamaze)

Early registration is recommended for class preference, especially for Saturday classes - \$50/couple

Class #	Beginning and Ending Dates	Time
849	Saturday, January 9	9:00 am - 5:00 pm
850	Wednesdays, February 3 - 24	6:30 - 8:30 pm
851	Saturday, March 13	9:00 am - 5:00 pm
852	Wednesdays, April 7 - 28	6:30 - 8:30 pm
853	Saturday, May 8	9:00 am - 5:00 pm
854	Wednesdays, June 2 - 23	6:30 - 8:30 pm
855	Saturday, July 10	9:00 am - 5:00 pm
856	Wednesdays, August 4 - 25	6:30 - 8:30 pm
857	Saturday, September 11	9:00 am - 5:00 pm
858	Wednesdays, October 6 - 27	6:30 - 8:30 pm
859	Saturday, November 13	9:00 am - 5:00 pm
900	Saturday, December 4	9:00 am - 5:00 pm

It is recommended that Prepared Childbirth class be taken four to six weeks prior to due date.

A tour of the Halifax Health - Center for Women & Infant Health will be given during the class.

The classes are held in the Family Education Room in the Fitness Center on the Halifax Health Medical Center campus, located east of the Center for Oncology and just north of the employee parking garage.

Breastfeeding Class

Early registration is recommended for class preference - \$25/couple

Date	Time
Monday, January 18	6:00 - 10:00 pm
Monday, March 22	6:00 - 10:00 pm
Monday, May 17	6:00 - 10:00 pm
Monday, July 12	6:00 - 10:00 pm
Monday, September 20	6:00 - 10:00 pm
Monday, November 15	6:00 - 10:00 pm

Breastfeeding classes are held in the Halifax Health Medical Center Auditorium, located on the ground floor of the Fountain Building. From the main entrance take the D elevators to the Ground floor.

International Board Certified Lactation Consultant Ellen Barton, RNC will lead the class.

You will receive a postcard confirming the date, time and location of class after your registration has been received.
PLEASE ATTEND CLASSES WITH A SUPPORT PERSON.

For more information please call 386.254.4008

EPIDURAL INFORMATION: Daytona Beach Anesthesiology, 386.255.1266

HALIFAX HEALTH



halifaxhealth.org

2010 PARENT EDUCATION CLASSES

FEES

Prepared Childbirth Class

\$50

Breastfeeding Class

\$25

Classes are available as a single 8-hour class held on Saturday or as 2-hour classes held on four consecutive Wednesday evenings.

A single 4-hour class held on Monday evening.

Early registration is recommended for class preference. Payment should be brought to first class.

PLEASE ATTEND CLASSES WITH A SUPPORT PERSON.

DETACH AND MAIL

REGISTRATION FORM

Mother's Name: _____ , _____
LAST FIRST

Phone Numbers: _____ , _____ , _____
HOME CELL WORK

Address: _____

City: _____ State: _____ Zip: _____

Due Date: _____ Physician's Name: _____

Father or Support Person's Name: _____ Phone Number: _____

Email: _____

Class(es) and Preferred Dates:

(please check the date of the class(es) you wish to attend)

Prepared Childbirth Class

Single Class - Saturdays, 9:00 am - 5:00 pm

- January 9 March 13 May 8
 July 10 September 11 November 13
 December 4

Breastfeeding Class

Single Class - Mondays, 6:00 - 10:00 pm

- January 18 March 22 May 17
 July 12 September 20 November 15

Four Classes - Wednesdays, 6:30 - 8:30 pm

- February 3 - 24 April 7 - 28 June 2 - 23
 August 4 - 25 October 6 - 27

**DO NOT INCLUDE PAYMENT AT THIS TIME.
REGISTRATION FEES WILL BE
ACCEPTED AT CLASS.**

Mail completed registration form to:

Halifax Health Medical Center

Attn: Center for Women & Infant Health

303 N. Clyde Morris Blvd., Daytona Beach, FL 32114

Fax completed registration form to: 386.252.0129

Register via email: jan.wagner@halifax.org

(If registering via email, please provide the information requested above.)

For questions or more information, please call: 386.254.4008

If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act, please call at least two business days prior to the program.



HALIFAX HEALTH

CENTER FOR WOMEN

& INFANT HEALTH

halifaxhealth.org

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