

Stamford Hospital & the Fairfield County Chapter of the Links Incorporated

Proudly Presents

The 3rd Annual DAY OF DANCE



Saturday, February 28, 2009
10:00 am - 2:00 pm

FREE ADMISSION

Special Thanks to our Sponsors
Nutmeg Recruiters, Boston Scientific

The Holiday Inn, Stamford
700 East Main Street
at the intersection of Grove Street
Stamford, CT 06901
1-203-358-8400

To Register Call
1- 877-233-9355
or visit us at:

www.StamfordHospital.org/DayofDance



Program Guide

TIME	EVENT	DESCRIPTION	LOCATION
10:00 AM	REGISTRATION	Registration	Lobby
10:00 AM	Exhibitor Tables Open	Visit with our wonderful exhibitors	Lobby & Mezzanine
10:00 AM	Health Screenings Begin	Cholesterol, Blood pressure, Mammography and much more	Mezzanine Long Ridge Room Shippan Point Room High Ridge Room
10:15AM – 11:00 AM	Stamford Performing Arts Center	Hip/Hop & Jazz with Jimmy Locust	Ballroom 1
	CT Ballet	Jazz class with Danette Cahr	Ballroom 2
	Arthur Murray of Stamford	Ballroom Dancing with Jim Rovito	Ballroom 3
11:15 AM- 12:00 noon	Health & Fitness Institute	Group Groove workout with Franci Koptiuch and Julienne Camhi	Ballroom 1
	Walter Schalk School of Dance	Broadway Jazz from “Chicago” with Melissa Kopeloff and Charles Micha	Ballroom 2
	Arthur Murray of Stamford	Ballroom Dancing with Jim Rovito	Ballroom 3
12:00 Noon – 1:00 PM	Lunch A full sit-down lunch is provided to all registered participants	Presentation with Marit Price from Star 99.9 Dana Davis-Mitchell with the Links Incorporated Ellen Komar with Stamford Hospital Hyunah Poa, MD Women’s Health Director at the Center for Integrative Medicine & Wellness	Atrium, Lower Lobby
1:15 PM – 2:00 PM Special Performance	Darien Arts Center Dance Center	Ballet & Modern Dance PERFORMANCE with Bonnie Gombos & Company	Ballroom 1 & 2

Day of Dance Exhibitor Guide

Exhibitor Name	Location
Agabhumi	Lobby
American Heart Association	Mezzanine
Arthur Murray of Stamford	Lobby
Athletes Foot	Lobby
Bennett Cancer Center	Mezzanine
Breast Center of Stamford Hospital	Mezzanine
Cabot Cheese	Lobby
Connecticut Ballet	Lobby
Darien Arts Center	Lobby
Center for Integrative Medicine & Wellness at Stamford Hospital	Mezzanine
Fairfield County Chapter of the Links Incorporated	Lobby
Jazzersize	Lobby
Health and Fitness Institute	Lobby
Heart & Vascular Institute of Stamford Hospital	Mezzanine
Mobile Mammography	Mezzanine
Nutmeg Healthcare	Lobby
Olá Granola	Lobby
Planned Parenthood of CT & the CT Breast & Cervical Program	Mezzanine
Stamford Performing Arts Center	Lobby
Tori Cooper & Associates	Lobby
Walter Schalk School of Dance	Lobby