



**JUNIOR LEAGUE OF  
STAMFORD-NORWALK, INC.**

*Women building better communities*

**FOR IMMEDIATE RELEASE**

**For: The Junior League of Stamford-Norwalk, Inc.**

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**The Junior League of Stamford-Norwalk, Inc.**

**Announces the 2009 Community Leadership Award Recipient**

*Dr. Madhu Mathur, MD, MPH, Director of the Goldstein Children's Health Center at Stamford Hospital,  
to receive award at Spring Spirits Fundraiser on March 28th*

**Darien, CT (March 6, 2008)** – The Junior League of Stamford-Norwalk, Inc. (JLSN) is proud to announce Dr. Madhu Mathur, Director of the Goldstein Children's Health Center at Stamford Hospital, as the recipient of the JLSN 2009 Community Leadership Award. The awards presentation will take place at 7:30 p.m. during the Junior League of Stamford-Norwalk's fundraiser, Spring Spirits, on March 28th at the Meadowlands at the Darien Community Association.

“We are honored to present the 2009 Community Leadership Award to Dr. Mathur in recognition of her efforts to improve every aspect of children's lives, from health and nutrition to literacy and overall well-being.” said JLSN President Julie Halloran. “She has made a tremendous impact in the community in the areas of nutrition, education and healthcare, particularly for lower-income families and children.”

Dr. Madhu Mathur is a pediatrician and Director of the Ambulatory Division of Pediatrics at Stamford hospital. Under her leadership, the Goldstein Children's Health Center has become a medical home for ~~lower-income~~ children with special healthcare needs. In partnership with Literacy Volunteers – Stamford/Greenwich, she coordinates the Reach Out and Read Program at the clinic, which provides free books to children age 6 months to 5 years who receive health care at the Goldstein Clinic. She is a founder and the Chairperson since 2004 of the Obesity Task Force in Stamford. In collaboration with the Stamford Youth Foundation, she established the Fun Fit Club, with 8 week classes on nutrition, yoga and trampoline.

Dr. Mathur has recently accepted the position of medical advisor to the Department of Public Health, Hartford, for integrated services. She is also the Director of a Regional Medical Home Initiative for Southwest Ct., which is funded by a grant from the Department of Public Health. In addition, Dr. Mathur continues to be involved in research on childhood obesity with a co-researcher at Columbia University.

The 2009 Community Leadership Award will be presented at the *Spring Spirits!* Wine and Beer Tasting and Silent Auction on Saturday, March 28th, 2009 at the Meadowlands at the Darien Community Association in Darien, CT. The event will be held from 6 p.m. - 10 p.m. with the Community Leadership Award ceremony taking place at 7:30 p.m. All proceeds from the evening will benefit community programs sponsored by JLSN. Tickets for the Wine Tasting and Silent Auction are available for \$65: to purchase tickets, please visit [www.jlsn.org](http://www.jlsn.org) or call 203-655-4662.

The JLSN Community Leadership Award is presented to a community leader whose outstanding contributions impact the areas of Darien, New Canaan, Norwalk, Ridgefield, Stamford, Weston, Westport, and/or Wilton. Each year the JLSN recognizes an individual who has demonstrated exceptional work in one or more of the JLSN focus areas: positive youth development, child health and welfare and self-sufficiency of women. Past recipients of the JLSN Community Leadership Award include: Lesli Caney-Berni of the Women's Mentoring Network, former CT Speaker of the House Moira K. Lyons, Rev. Richard Schuster, of St. Luke's Lifeworks, Laura L. Simon of the Connecticut Commission on Children, Richard Fuller Sr. of the George Washington Carver Community Center in Norwalk, Ginger Katz of The Courage to Speak, Inc., and Alonzo Virgil of the A.C.H.I.E.V.E. enrichment program in Norwalk.

The Junior League of Stamford-Norwalk, Inc. (JLSN) is a not-for-profit organization of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. One of 292 member leagues of the Association of Junior Leagues International, Inc. ([www.ajli.org](http://www.ajli.org)), JLSN reaches out to women age 21 or over, of all races, religions and national origins who demonstrate an interest in, and a commitment to, volunteerism. No sponsors are required.

Since 1923 JLSN has served Stamford, Norwalk and the surrounding towns, and has continually responded to community needs. In 2003, JLSN opened the Fairfield County Women's Center in collaboration with Norwalk Community College. JLSN has founded or participated in the establishment of more than 80 community agencies. Some of the more recognizable organizations include: The Maritime Aquarium at Norwalk, Lockwood-Mathews Mansion Museum, Domestic Violence Services, The River Project, Shelter for the

Homeless (Pacific House), The Volunteer Center of Southwestern Fairfield County, Weir Farm Docent Program and the Women's Crisis Center.

JLSN serves the communities of Stamford, Norwalk, Darien, New Canaan, Wilton, Weston, Westport, Ridgefield and the vicinity. Women interested in joining JLSN should contact the League office in Darien at 203-655-4662 or by email at [jlsn@snet.net](mailto:jlsn@snet.net) or visit the website at [www.jlsn.org](http://www.jlsn.org) for further information.

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