



Pediatric MRI With Anesthesia

A Family Guide to Preparations



Your doctor has ordered a test that requires your child to be very still. Because of this, the test often requires anesthesia.

At Stamford Hospital, the specially trained anesthesiologists are highly skilled at providing a safe and comfortable environment for your child. Likewise, the trained professional and support staff want to ensure your peace of mind by providing you with the important information and guidelines to follow, prior to your child's test date.

Registration, Admission and Recovery Process

Up to three days before your child's scheduled test, the Stamford Hospital Admitting Department staff will call you for telephone pre-registration. Be prepared to provide basic demographic, physician and insurance information.

On the day of testing, you will take your child to the Admitting Department two hours in advance of the scheduled test. (Note: If Admitting could not reach you and pre-registration did not occur, you should still arrive at least 2 hours in advance of the scheduled test.)

Once in Admitting, a registrar will review all patient information to ensure accuracy, and obtain your signature for authorization. A pediatric bed will be assigned to your child and you will be escorted to the pediatric unit. Admitting your child to the pediatric unit is necessary to ensure proper oversight, safety and comfort.

After the test is completed, your child will most likely first go to the Post Anesthesia Care Unit to recover, and then will return to the Pediatric unit. Children need to be awake and alert, and eat something prior to discharge. Most children are discharged home about 2-4 hours after the test.

Withholding Food

It is very, very important that your child does not eat or drink anything for a period of time before the test. Please make sure you follow the guidelines below. If these guidelines are not followed, the test might need to be rescheduled.

<u>Type of Food</u>	<u>Fasting Period</u>
Clear Liquids (such as water or juice with no pulp)	2 hours
Breast Milk	4 hours
Infant Formula	4 hours
Non-human Milk	6 hours
Light Meal (such as toast & clear liquids)	6 hours

If you have any questions about registration, please call our Admitting Department: 203-276-7155.

For additional questions about the test or holding food, please contact your physician. Thank you for your attention to the above.

