

## Who We Are

Stamford Hospital is a 305-bed, not-for-profit hospital providing area residents (Fairfield and Westchester Counties) access to the latest technology with a compassionate, patient-centered care approach that puts our patients first. As a member of the Planetree Network, we are committed to patient-centered care. Stamford is a Level II trauma center with a nationally recognized adult intensive care unit. Our areas of expertise include: cancer care, heart services, orthopedics and women's health.

Stamford Hospital is an affiliate of the New York-Presbyterian Healthcare System and a major teaching affiliate of the Columbia University College of Physicians & Surgeons.

Stamford Hospital also offers area patients the latest outpatient services in one convenient location at the Tully Health Center. Services include: an Immediate Care Center for the treatment of non-life threatening injuries; the Health & Fitness Institute, an innovative wellness facility offering medically supervised fitness and lifestyle change; the Center for Integrative Medicine and Wellness that blends conventional and complementary care for patients; the CyberKnife Center, the only hospital in Fairfield and Westchester Counties that offers the technology to destroy tumors with pinpoint accuracy; the Women's Breast Center, the only hospital in the state and first in the nation to receive accreditation from the American College of Surgeons for excellence in breast care; Cardiac Rehabilitation; Children's Specialty Center; Endoscopy Center; Jaffe Diagnostic Imaging Center; and a Vaccine Center, among other services.

## Services and Special Capabilities

### Cancer

The Carl & Dorothy Bennett Cancer Center at Stamford Hospital provides compassionate, patient-centered care from diagnosis through treatment and post-treatment care. A multidisciplinary team of board-certified physicians, oncology nurses and radiation therapists offers advanced surgical, medical and technological services in a warm, caring environment. [www.stamfordhospitalcancer.com](http://www.stamfordhospitalcancer.com)

### Heart & Vascular Institute

In collaboration with New York-Presbyterian Healthcare System/Columbia University Medical Center, Stamford Hospital's Heart & Vascular Institute provides world class care, conveniently located in lower Fairfield County. We offer the finest cardiac services, including cardiac and vascular screening tests, preventive care, diagnostic services, a comprehensive open heart program, emergency and elective angioplasty and rehabilitation services. [www.stamfordhospitalheart.com](http://www.stamfordhospitalheart.com)

## **Orthopedics**

Stamford Hospital's Orthopedic Institute provides comprehensive orthopedic and neurosurgery services, including programs designed to help prevent and treat injuries and conditions affecting bones, muscles and joints. We provide for our patients' entire continuum of care - including prevention, assessment, treatment and rehabilitation. We have earned Joint Commission certification for the Total Hip and Total Knee programs; the only Joint Commission-certified Joint Replacement program in Lower Fairfield and Westchester Counties. [www.stamfordhospitalortho.com](http://www.stamfordhospitalortho.com)

## **Women's Health**

Recognizing that a woman's life is multidimensional and complex, Stamford Hospital offers women access to top-notch physicians and services that matter most. Gynecologic care, pregnancy, health & wellness, minimally-invasive surgery and specialized medical services, such as breast care, cardiac care, and integrative medicine.

[www.stamfordhospitalwomenshealth.com](http://www.stamfordhospitalwomenshealth.com)

## **Center for Robotic Surgery**

The Center for Robotic Surgery gives expert surgeons the newest technology to perform surgery that is safer, has shorter recovery times and offers a higher likelihood of success than regular open or conventional minimally invasive surgeries. Our da Vinci Surgical System enables surgeons to perform even the most complex and delicate procedures through very small incisions with unmatched precision.

[www.stamfordhospitalrobotic.com/](http://www.stamfordhospitalrobotic.com/)

## **Center for Surgical Weight Loss**

Stamford Hospital is home to the region's only comprehensive weight management program, the Center for Surgical Weight Loss—offering both [surgical](#) and [non-surgical treatment](#) of obesity. Our multidisciplinary team of surgeons, weight loss specialists, clinical nurse practitioners, psychiatrists, psychologists, nutritionists and exercise specialists bring their expertise in working with bariatric patients.

<http://www.stamfordhospitalweightloss.com/>

## **Center for Sleep Medicine**

The Connecticut Center for Sleep Medicine has board-certified physicians, trained at the country's premier institutions, who are experts in diagnosing and treating sleep disorders, including snoring, sleep apnea, insomnia, narcolepsy and restless legs syndrome. In addition, our Sleep Center has one of the few board-certified specialists trained in pediatric sleep medicine in Fairfield County, providing special expertise in the treatment of sleep problems in infancy through the teenage years.

[www.stamfordhospital.org/all-services/specialty/sleep-center.aspx](http://www.stamfordhospital.org/all-services/specialty/sleep-center.aspx)

### **CyberKnife Center**

The CyberKnife® Center, the only one in Fairfield and Westchester counties, brings local access to the very latest technology for cancer, delivering hope in the form of advanced treatment for people who can't have or don't want surgery. Treatment with CyberKnife is non-invasive – no incisions, no wounds, no scars. This advanced technology offers a solution for patients with inoperable tumors, malignant or otherwise, and it's often the best, most effective treatment for those with a wide range of cancer diagnoses.

[www.stamfordhospitalcyberknife.com](http://www.stamfordhospitalcyberknife.com)

### **Center for Integrative Medicine & Wellness**

The Center for Integrative Medicine and Wellness blends conventional and complementary medicine tailored to achieve a patient's personal needs and goals. The center is a consultative service, working with a patient's physicians, to incorporate appropriate healing modalities into their health and wellness plan. Specific programs offered in women's health, integrative cardiology, pain management and integrative medicine. [www.stamfordhospitalintegrative.com](http://www.stamfordhospitalintegrative.com)

### **Children's Specialty Center**

The Children's Specialty Center provides area parents access to top-notch pediatric specialists for their child's specific needs close to home.

[www.stamfordhospitalpediatrics.com](http://www.stamfordhospitalpediatrics.com)

### **Women's Breast Center**

The Women's Breast Center is the first center in the nation to be recognized as a National Accreditation Program for Breast Centers (NAPBC)-Accredited Center. Our center offers women a multi-disciplinary approach to care by focusing on imaging, pathology, medical and radiation oncology, genetic testing, nursing and surgical care, to treat diseases of the breast. [www.stamfordhospital.org/all-services/specialty/breast-center.aspx](http://www.stamfordhospital.org/all-services/specialty/breast-center.aspx)

### **Diabetes & Endocrine Center**

The Diabetes & Endocrine Center brings together consultative services and complete clinical care, including comprehensive patient education, medical management and treatment are under one roof. The Diabetes Self-Management Education Program has received continued recognition from the American Diabetes Association.

[www.stamfordhospital.org/all-services/specialty/diabetes/default.aspx](http://www.stamfordhospital.org/all-services/specialty/diabetes/default.aspx)

### **Wound Care Center**

The Wound Care center provides interdisciplinary and comprehensive chronic wound treatment on an outpatient basis. Our center works closely with physicians to provide optimal conditions for healing wounds, offering the latest treatments available, including hyperbaric oxygen therapy.

[www.stamfordhospital.org/all-services/specialty/wound-care.aspx](http://www.stamfordhospital.org/all-services/specialty/wound-care.aspx)

## **Awards and Recognition**

### **The Joint Commission Accreditation**

Stamford Hospital is accredited by The Joint Commission, a certification that is recognized nationwide as a symbol of quality in healthcare.

### **Member of the Planetree Network**

Stamford Hospital is part of a select group of hospitals nationwide focused on patient-centered care. As a Planetree hospital, we are committed to personalizing, humanizing and demystifying the healthcare experience for patients and their families. Our approach is holistic and encourages healing in all dimensions – mind, body and spirit.

### **Recognized For Quality Improvement**

A recipient of Joint Commission's Ernest A. Codman award for excellence in the use of outcomes measurement to achieve improvements in the quality and safety of health care in the hospital Intensive Care Unit.

In addition, a recipient of the New York-Presbyterian Healthcare System (NYPHS) Quality Symposium Award in "Recognition of Commitment to Quality Innovation." The award recognizes the achievements of the Environmental Services and Infectious Disease Departments in their joint effort to combat the prevalence of hospital-acquired infections.

### **American College of Surgeons Trauma Centers Verification**

Stamford's trauma service received verification from the American College of Surgeons for our Level II Trauma Center.

### **American College of Surgeons' Commission on Cancer Recognition**

The American College of Surgeons' Commission on Cancer has granted approval to Stamford Hospital's cancer program as a Teaching Hospital Cancer Program, the only hospital in lower Fairfield County with this prestigious designation.