Yale-New Haven Psychiatric Hospital

**HISTORY**

Yale-New Haven Psychiatric Hospital was formally established in June 2000 when Yale-New Haven Hospital acquired the assets of the former Yale Psychiatric Institute, previously owned by Yale University. The expertise of each organization combined to make Yale-New Haven Psychiatric Hospital a leading center for comprehensive clinical care in the treatment of mental illness.

**MULTIDISCIPLINARY TREATMENT TEAMS**

- psychiatrists
- psychologists
- social workers
- occupational therapists
- therapeutic recreation specialists
- physician assistants
- nutritionists
- registered nurses
- advanced practice registered nurses
- psychiatric assistants

Yale-New Haven Psychiatric Hospital (YNPH) is a full-service psychiatric hospital, affiliated with Yale School of Medicine and part of the 944-bed Yale-New Haven Hospital. YNPH includes a 73-bed psychiatric inpatient facility and a variety of intensive outpatient specialty programs, offering a full range of innovative and advanced treatments to adolescent, adult and geriatric patients with psychiatric and substance abuse problems. A complete psychiatric assessment and full treatment program includes crisis intervention, family consultation and rehabilitative intervention.

**Adults:** Adult psychiatric services include a 50-bed inpatient program and an intensive outpatient program for treatment of a variety of disorders, such as depression, bipolar disorder, psychotic disorders including schizophrenia, anxiety disorders including obsessive-compulsive disorder and other serious psychiatric conditions. YNPH offers a dual diagnosis and detoxification program for patients who are diagnosed with both substance abuse disorders and psychiatric illness.

**Geriatric:** YNPH offers unique expertise with geropsychiatric patients, many of whom have other medical problems. There is an 8-bed inpatient program for brief, acute treatment to address a wide range of psychiatric disorders, in particular, dementia, psychosis and mood disorders. The most commonly treated functional problems include impaired activities of daily living, cognitive disorganization and disruptive behaviors.

**Adolescents:** The adolescent service at Yale-New Haven Psychiatric Hospital offers a 15-bed inpatient program and a 25-slot intensive outpatient program which is a structured, after-school program.

**Children:** Children who need inpatient psychiatric services are admitted to the Children’s Psychiatric Inpatient Unit (CPIS), a 15-bed unit affiliated with Yale-New Haven Children’s Hospital. CPIS offers a day treatment program for outpatient care, located adjacent to the inpatient unit, serving children age 4 to 14.

**2006 facts and figures:**

- Average length of stay: 9.8 days
- Average daily census: 70
- Total discharges: 2,600
- CIU visits: 4,202
- Intensive outpatient visits: 12,444

**Medical Director:**

William Sledge, M.D.

**Administrative Director:**

Leslie O’Connor, A.P.R.N., M.S.N.

**Associate Medical Director:**

Robert Milstein, M.D.

**Mailing address:**

Yale-New Haven Psychiatric Hospital
184 Liberty Street
New Haven, CT 06519

**Web site:**

www.ynhh.org/ynhph/ynhph.html

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Important Telephone Numbers:

Admitting (Psychiatric Hospital)  
(203) 688-9907

Directions to YNHH  
(203) 688-1234

Emergency Department  
(203) 688-2222

Emergency Department (Pediatric)  
(203) 688-3333

General Information  
(203) 688-4242

Parking  
(203) 688-2623

Patient Information  
(203) 688-4177

Patient Relations  
(203) 688-3430

Protective Services/Security  
(203) 688-2500

Physician Referral  
(203) 688-2000

Levels of care:

Crisis Intervention Unit (CIU) — located in the YNHH Emergency Department, the CIU offers assessment, treatment and referrals for adults who are experiencing a psychiatric emergency with severe symptoms

Inpatient acute care — for the patient who is in need of emergent stabilization and immediate comprehensive psychiatric assessment

Intensive outpatient programs — for patients who have achieved some stability but need an intensive, structured program

Recognition:

Annually, psychiatric services at Yale-New Haven Hospital have been regularly ranked among the top in the nation by U.S. News & World Report in its annual "America’s Best Hospitals" issue.

Yale-New Haven Psychiatric Hospital is accredited by the Joint Commission. The Ambulatory Psychiatric Service received the highest Joint Commission score as a result of the last accreditation visit in October 2002.

Specialized treatment services:

Electroconvulsive Therapy (ECT) service — for inpatients and outpatients who are diagnosed with serious mental illnesses

Dialectical Behavioral Therapy (DBT) — cognitive-behavioral therapy for people with chronic patterns of suicidal or other self-destructive behavior

Psychiatric Consultation Service — provides psychiatric consultation to patients admitted to other medical services at YNHH who are experiencing significant psychiatric symptoms

Research and Education:

Affiliated with the Yale School of Medicine, the Psychiatric Hospital is a center for research and education in behavioral health, with training programs in psychiatry, psychology, social work, occupational therapy, therapeutic recreation and nursing. It is also a research center conducting studies in areas such as:

- Hallucinated voices
- Borderline personality disorder
- Substance abuse
- Mental illness in a primary care setting
- Transcranial magnetic stimulation