



ROWLEY FAMILY BIRTHING CENTER TOURS AND INFORMATION
707 East Main Street, Middletown, NY 10940
845-333-1000

Helpful Information

1. Tours are conducted twice a month
 - Thursday at 6:00 p.m. and 7:30 p.m.
 - Saturday at 9:30 a.m. and 11:00 a.m.
 - Alternating weeks by appointment – REGISTRATION IS REQUIRED
 - i. Call 1-888-321-ORMC (6762)
2. Tour attendees will be greeted in the main lobby

Tour Details

1. Tours begin with a review of admission procedures, followed by visits to the Labor & Delivery (L&D) Unit, Mother/Baby Unit and Nursery
2. During the first part of the tour, the following details will be explained:
 - Security at the Rowley Family Birthing Center
 - Identifying three personal labor and delivery support people and their roles during labor and delivery
 - Pain relief options
 - Breast or bottle feeding options and information
 - Flat panel televisions and telephone in all inpatient rooms
 - Individual temperature control units
 - Room service dining
3. Visit to the Nursery includes topics of discussion:
 - After the birthing process and your baby's transition
 - Photo opportunities and privacy considerations
 - Neonatology on-staff should the need arise
4. The tour to Mother/Baby area:
 - Visitation policy (subject to change should community health issues arise)
 - Necessity of each visitor holding a visitor's pass
 - Visiting hours are from 9:00 a.m. - 9:00 p.m. for visitors 13 years and older
Siblings of any age are welcome
No visitors between 1:00 p.m. - 3:00 p.m. "Mommy and me rest time" with the exception of significant other
 - 24-hour visiting privileges for the father/partner/support person
 - The usual length of stay
 - Lactation support for breastfeeding mothers
 - Circumcision
 - Newborn screening test (NY State mandate)
 - Shaken baby video, "Portrait of Promise" (NY State mandate)
 - Vitamin K and Erythromycin (NY State mandate)
 - Choosing a pediatrician prior to birth
 - Necessity of car set for departure
 - Discharge time and process

Arrival Reminders for Delivery Day

1. Please contact your OB/GYN prior to coming to the hospital to give birth
2. If you arrive between 7:00 a.m. and 11:00 p.m., please report directly to Registration. If you arrive between 11:00 p.m. and 7:00 a.m., please use the entrance to the Emergency Department and you will be escorted/directed to the Rowley Family Birthing Center